

**DLSHCC: EXTRA-CURRICULAR PRACTICE SCHEDULE - SUMMER 16 January to 28 February 2019**

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Match Day	Golf		Girls Tennis Matches		Cricket Matches		Swimming Galas		Boys Tennis Matches Girls Cricket Matches		Cricket Matches	
<b>Afternoon Session</b>	<u>14:40 – 15:45</u> Lasallian Youth		<u>14:45 – 16:45</u> Cricket Practice 1 <sup>st</sup> & 2nd Teams		<u>13:30 – 16:00</u> <b>SWIMMING TRAINING</b> (except cricketers) (Wits Education Campus)	<u>13:40 – 14:30</u> First Aid	<u>14:45 – 16:45</u> Cricket Practice All teams (Except swimmers)		<u>14:30 – 16:30</u> Cheerleading	<u>14:30 – 16:00</u> Chess		
	<u>15:45 – 17:00</u> Girls Tennis	<u>15:45 – 17:00</u> Girls Cricket	<u>14:45 – 17:00</u> Swimming (Wits Education Campus)		<u>13:45 – 15:00</u> 1 <sup>st</sup> XI Cricket Training only	<u>14:00 – 15:30</u> Cycling	<u>14:45 – 16:45</u> Boys Tennis Practice	<u>14:45 – 16:45</u> Golf Driving Range	<u>14:20 – 16:00</u> Marimba's	<u>14:30 – 15:30</u> Photography Club		
	<u>15:45 – 17:00</u> Cricket Practice U14 & U15	<u>14:45 – 15:45</u> Art Club								<u>14:30 – 15h30</u> Liturgy Band practice	<b>Sunday</b>	
<b>Evening Session</b>			<u>17:00 – 18:30</u> Debating			<u>16:00 – 17:30</u> Public Speaking <i>(Only Selected Teams)</i>		<u>16:30 – 17:30</u> Pipe Band Practice			<u>09:00 - 10:00</u> Pipe Band Practice	
			<u>17:30 – 19:30</u> Outreach Westbury		<u>17:00 – 19:00</u> Choir						<u>19:00 – 20:30</u> Confirmation	

**PLEASE NOTE:** The activities and times scheduled above take preference, as the official Extra-Curricular Programme of the College. The moving of scheduled sessions impacts on other activities and coaches / Staff are requested to adhere to the allocated times. To support this programme that allows each pupil to do every activity please do not request staff / coaches to move or extend allocated sessions. Activities overlap, coaches / staff will allow for reasonable earlier departure and late coming. Specific details of fixtures (e.g. times of games, transport, etc.) will be made available as soon as confirmed by opposition. All fixtures are subject to playing conditions and confirmation by opposition. PRACTICES are never cancelled – in the event of bad weather a team / strategy or board session will be held. Activities relating to the current season take preference over preseason activities.